



Introduction & Lesson Plan

TOEFL IBT Training

Summary

1. Subject(s): English
 - Listening
 - Reading
 - Writing
 - Speaking
2. Type of the Exam: Proficiency Test.
 - Academic Training
3. Number of Questions: 36-56 Qs. Reading, 34-51 Qs. Listening, 6 tasks Speaking, 2 tasks Writing
4. Time Allotment: 4 Hrs. (estimated)
5. Grade/Level: B1 (CEF)
6. Training Objective: Test English language competence in academic settings.
 1. Training Time: 12 Weeks - 45 Hrs.
7. Trainer: Yusuf Öztürk

Implementation

Learning Context

The TOEFL iBT is a four-hour, computerized test with four sections: Reading, Listening, Speaking, and Writing. You'll use one main skill for each section (so on Reading you'll read passages and on Listening you'll listen to audio clips), with some questions or tasks requiring the use of multiple skills.

All sections are timed. You'll always have 20 minutes on Speaking and 50 minutes on Writing. However, the Reading and Listening sections vary in length due to unscored, experimental questions. Reading ranges from 60 to 80 minutes long, while Listening ranges from 60 to 90 minutes

long. There will be no indication telling you which questions are experimental and which ones aren't, so don't spend too much time worrying about this—just try your best on all questions!

Finally, you'll have one 10-minute break in the middle of the test, between the Listening and Speaking sections. This break is mandatory, meaning you must take it. You may take other breaks during the test, but you will not be able to pause the timer for these.

Exam Format

Section	Order	Time	# of Questions	Details
Reading	1	60-80 mins	36-56 questions	Read 3-4 passages and answer questions
Listening	2	60-90 mins	34-51 questions	Listen to 4-6 lectures and 2-3 conversations and answer questions
Break	3	10 mins	—	—
Speaking	4	20 mins	6 tasks	Answer prompts about familiar topics, campus situations, and academic course content
Writing	5	50 mins	2 tasks	Compare a passage and a lecture; write about your opinion
TOTAL	—	About 4 hrs	—	—

You may take notes on all sections of the exam. A test center administrator will give you scratch paper and pencils to use. You'll also get a headset with a microphone to use for listening to audio clips and recording your Speaking responses. Each section is scored out of 30 points and then combined for a total TOEFL score out of 120.

Training Modules & Procedure

- **Teaching Grammar**

The students who want to take the exam training must have a certain level of grammar and it's advisable to have at least a B1 level certificate. The key structures to master can be listed as:

- Tenses
- Modals
- Conjunctions
- Passive & Causative
- Gerunds & Infinitives
- Adjectives & Adjectival Clauses
- Adverbs & Adverbials
- Noun Clauses & Auxiliaries
- Conditionals & Wish Clauses
- Relative Clauses
- Determiners, Articles & Quantifiers

The competence of these structures highly affects the practicality and accuracy of the exam.

During the course, there will be an integrated grammar teaching with an ultimate focus on the subject matter at hand to raise the efficiency of the lessons and not to waste time on less challenging structures.

- **Modules & Techniques**

The first section you'll have on the TOEFL iBT is the **Reading** section. This section can vary in length. So if you don't get any experimental questions, Reading will be 60 minutes long and contain 36-42 questions. If you do get experimental questions, it'll be 80 minutes long and contain 48-56 questions.

Your main task is to read passages and answer questions about them. Each reading passage is long—usually about 700 words—and you'll have three or four passages in total (if you get four, one will be an experimental passage).

Passages deal with a variety of academic topics, from history and art to science and psychology. Each passage also comes with 12-14 questions (or a “question set”). You are not timed on each passage and question set, so it’s important to manage your time wisely.

Like Reading, Listening varies in its length and number of questions due to the possibility of getting unscored, experimental questions. This section can range from 60 minutes and 34 questions long to 90 minutes and 51 questions long.

Listening tests you on your English-listening skills. In total, you’ll listen to four to six lectures and two to three conversations. Each lecture lasts three to five minutes and comes with six questions, while each conversation lasts about three minutes and comes with five questions. You will hear each audio clip only once.

The TOEFL **Speaking** section is the shortest section on the TOEFL, lasting just 20 minutes in total.

For this section, you’ll have six tasks. The first two tasks, the Independent tasks, require you to speak for 45 seconds about your opinion on familiar topics. The latter four tasks, the Integrated tasks, require you to speak for 60 seconds about passages and audio clips.

There are two types of essays you must write for this section: the Integrated task and the Independent task.

Integrated Writing Task

The first essay is the Integrated essay. For this task, you’ll have three minutes to read an academic passage of about 300 words. After, you’ll listen to an approximately two-minute-long audio clip of a lecture and then write an essay explaining how the lecture and passage support or challenge each other.

You’ll have 20 minutes to prepare and write your response. You will be able to see the passage the entire time you write. The length of your essay should be about 150-225 words.

Independent Writing Task

The second essay you must write is the Independent task. Unlike the Integrated essay above, you’ll have no reading passages to read or audio clips to listen to for this task; all you’ll get is a prompt.

This prompt will focus on a familiar topic and ask for your opinion on it. You may write about your own opinion or make one up. You’ll have 30 minutes to plan and write a response of at least 300 words.

- **Teaching Vocabulary**

In the exam, the trainees are expected to have a good range of general and academic vocabulary. Especially in writing session the importance of a good lexical background is invaluable.

Most of the vocabulary teaching is integrated during the course within a context but there is also a separated module to enhance the sub-skill of vocabulary.

Materials & Resources

All the materials that can be found on the market today are written in Turkish as the exam requires Turkish competence as well. For especially foreign test-takers, it's an extra challenge to study for the exam.

During the course, the students will be provided with materials such as;

Cambridge Preparation for the TOEFL Test

Collins Vocabulary and the Grammar for the TOEFL Test

North Star Building Skills for the TOEFL IBT

Testing & Assessment

The progress of the students will be constantly assessed by the teacher through activities and feedback. Also, there will be periodical progress tests with the same exam format to understand the approximate score they could get if they take the exam. This exam will have the exact number of questions and the time will be 4 hours.

Lesson Plan

The students need to get an education of **45** hours (including exams) depending on their levels and motivation. The lessons can be arranged for 2 days per week or once a week. (One session is 2 hours with a 15-minute-break) There will be **3** main modules;

- **Reading & Listening Module**
- **Speaking & Writing Module**
- **Vocabulary Module**

- Distribution

Reading & Listening Module	Speaking & Writing Module	Vocabulary Module	EXAMS	TOTAL
% 40	%33	%7	%20	%100
18 hours	15 hours	3 hours	9 hours	45 hours

- Lesson Plan

WEEK	1	2	3	4	5	6	7	8	9	10	11	12
Reading & Listening Module	2	2	2	T O E F L T E S T 1	2	2	2	T O E F L T E S T 2	2	2	2	T O E F L T E S T 3
Speaking & Writing Module	2	1	2		2	1	2		2	1	2	
Vocabulary Module		1				1				1		